



**TRACK  
NATIONAL  
CHAMPIONSHIPS**

# **TECH GUIDE**

**2-7 March 2024**

**Cambridge**



## 1. WELCOME

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On behalf of the Cycling New Zealand Road and Track Council, I offer you all a warm welcome to the 2024 Track National Championships in Cambridge.

It will be exciting to have another opportunity to see New Zealand's top track cyclists racing for the coveted National Champion jersey on the boards of the Grassroots Trust Velodrome.

Thanks to the event organisers and to the team of volunteers, officials, and our Commissaires, all of whom are giving up their time to ensure the event happens. We are grateful for the support of the people here this weekend but also to the hundreds of volunteers who work tirelessly behind the scene at club events around the country. Volunteers are truly the backbone of cycling in this country.

We wish all the riders the best of luck and a safe and successful competition and to the spectators we hope you enjoy exciting racing.

*Erin Criglington*

*President, Cycling New Zealand Road, Track & Cyclocross*

## 2. KEY CONTACTS

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|                    |                   |              |
|--------------------|-------------------|--------------|
| Events Director    | Chris Christensen | 027 414 2221 |
| Events Manager     | Steff Holcroft    | 027 855 7676 |
| Chief Commissaire  | Erin Criglington  | 021 134 2294 |
| Technical Delegate | Graeme Bell       |              |
| Commissaires       | Brendan Patterson |              |
|                    | Craig Woollett    |              |
|                    | Don Buchanan      |              |
|                    | Lisa Landers      |              |
|                    | Mark Ireland      |              |
|                    | Olivia Spaans     |              |
|                    | Peter Vincent     |              |
|                    | Stuart Weston     |              |

## 3. ACCREDITATION

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Only registered riders and team officials will be permitted into the venue. Accreditation bands will be given to the team officials to distribute to riders and handlers at the Managers Meeting. These must be worn throughout the event.

## 4. VENUE ACCESS

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**Training day:** entry for accredited riders and team officials only. Entry and exit is through the main reception of the Velodrome only.

**Competition days:** entry for accredited riders and team officials only. Entry is through the main reception of the Velodrome only.

## 5. RACE OFFICE

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The Race Office desk will be located in the infield next to the timing platform. Please see the CNZ event staff team with any questions. You can also email [events@cnz.kiwi](mailto:events@cnz.kiwi)

## 6. EVENT PROGRAMME

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The event programme will be available [here](#). Note that the programme is provisional and is subject to change after confirmation of starters.

## 7. TEAM TRAINING

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Clubs can book one or two hour slots of training time for Friday 1 March. Charges apply and clubs may be asked to share. Contact [events@cnz.kiwi](mailto:events@cnz.kiwi) to book your training time, noting this is not a guaranteed booking until CNZ confirms. To book training time prior to Friday 1 March please contact the Grassroots Trust Velodrome by emailing [craig.rodger@velodrome.nz](mailto:craig.rodger@velodrome.nz)

## 8. WARM UP PRIOR TO SESSIONS

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Due to time restrictions, there is limited time for 'on track' warm ups (see programme). We recommend you plan to warm up on rollers or trainers in the infield.

## 9. TEAM MANAGERS MEETING & CONFIRMATION OF STARTERS

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Confirmation of starters will be held on Friday 1 March from 5.00pm – 5.45pm, followed by the Team Managers Meeting at 6.00pm in Velo Lounge 1 at the Grassroots Trust Velodrome. **Please note that it may not be possible to add riders to events.** Attendance at the Team Managers Meeting by each club is compulsory and representatives will be required to sign in.

**All Clubs are required to nominate a Team Manager (can be a rider or non-rider).**

Please email [events@cnz.kiwi](mailto:events@cnz.kiwi) to appoint your Team Manager.

Clubs will be sent a list of riders and their contact details once entries close. Clubs must appoint a Team Manager prior to the event. The Team Manager must attend Confirmation of Starters and the Team Managers meeting, and distribute race numbers, accreditation and any key messages to their riders.

**All Club officials/handlers must be registered by completing this form [here](#) in order to receive accreditation into the in-field.** Team Officials are limited to 1 x Manager, 1 x Assistant Manager, 1 x Coach, 1 x Development Coach and 1 x Handler per 5 riders **by Sunday 25 February.**

All team officials must have a 2024 Cycling New Zealand Licence with the appropriate technical endorsement from their Club.

**Confirmation of Starters**

|                  |  |
|------------------|--|
| <b>Date:</b>     | Friday 1 March   |
| <b>Time:</b>     | 5.00pm – 5.45pm  |
| <b>Venue:</b>    | Velo Lounge  |
| <b>Required:</b> | All Team Managers are required to confirm their starters during this time. |

**Team Managers Meeting**

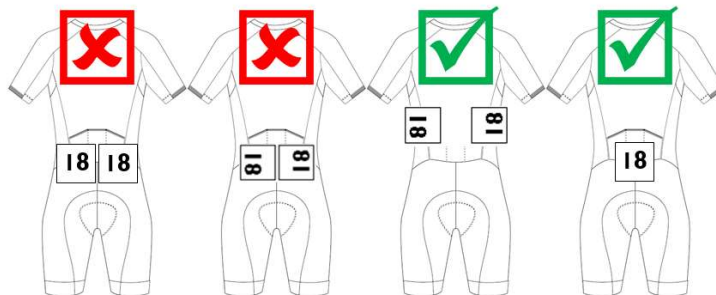
|                  |   |
|------------------|---|
| <b>Date:</b>     | Friday 1 March                            |
| <b>Time:</b>     | 6.00pm – 6.30pm                           |
| <b>Venue:</b>    | Velo Lounge                               |
| <b>Required:</b> | All Team Managers are required to attend. |

**10. RACE NUMBERS**


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Riders shall wear two body numbers except for the 500m & kilometre time trial, Individual & Team Pursuit & Team Sprint, where one number shall be worn.

Numbers must be placed on either side of the lower back of the top on a 90 degree angle as shown below.


**11. TEAM PIT AREAS**


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Designated pit areas have been allocated for each club. There will be signs to show where each club will be situated.

Pits will be set up on Friday morning prior to the first training session, please do not bring your gear into the infield any earlier than your designated training times.

Please ensure the walkways are kept free of equipment to allow un-impeded access at all times. There is to be no riding of bikes in the team pit areas.

**12. INFIELD GYM**


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Please note that the infield gym is closed to all event riders and officials during all event times. No access will be granted at any time.

### 13. MEDICAL

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Medical staff on are on duty during each session.

The following Medical Centres are on duty over the event period if medical assistance is required while not at the event.

**Cambridge Medical Centre**

48 Alpha Street, Cambridge

(07) 827 7184

**Waikato Hospital**

Pembroke Street, Hamilton

(07) 839 8899

**In an Emergency call 111**

### 14. FOOD AND BEVERAGE

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Food and beverages will be available for purchase from [the Bikery Café](#) on the ground floor of the Grassroots Trust Velodrome, their opening hours during this event are:

Monday - Friday = 7.30am – 8.00pm (menu only until 2.00pm)

Saturday - Sunday = 8.30am – 8.00pm (menu only until 2.00pm)

The Bikery will also be closed during the session breaks and will re-open until 8.00pm during the evening sessions.

You are permitted to bring in your own food and beverage to the event. No glass is permitted in the venue.

### 15. VELO ADDICTION

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The team at [Velo Addiction](#) will have a stand at the event on Saturday and Sunday in the stands. On display and for sale will be the Argon 18 Electron track frameset, Dolan DF4 frameset (Event special \$500 off medium and large Dolan DF4 framesets. Was \$3,700 now \$3,200). Olympic and world championships Velobike winning Bunch Bars, chainrings & sprockets including quality Sugino SG75 144 Black & Silver crank sets, Ceramic BB, Chainring fixing bolts and nuts. Runwell, Park and Wera Tools, Izumi track chains tires and more.

[Velo Addiction](#) sell a range of quality track frames including Look, wheels, components, and accessories. If you do not see an item on the day, just ask and they can check their stock or order to your requirements. During the event call Russell on 027 821 9049 for emergency requests.



## 16. SPECTATORS

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Entry is free to attend and be a spectator at this event!

## 17. SOCIAL MEDIA

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We encourage you to get involved in the event through social media. The key links are provided below:

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|----------------|---|
| Event Facebook | <a href="https://www.facebook.com/CyclingNZL">https://www.facebook.com/CyclingNZL</a>                   |
| Instagram      | <a href="https://www.instagram.com/cyclingnewzealand/">https://www.instagram.com/cyclingnewzealand/</a> |
| Twitter        | <a href="https://twitter.com/CyclingNZL">https://twitter.com/CyclingNZL</a>                             |
| Website        | <a href="http://www.tracktracknationals.nz">www.tracktracknationals.nz</a>                              |
| Event Hashtag  | #TrackNats  |

## 18. MEDAL CEREMONY PROTOCOL

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Medal Ceremonies will take place during sessions as stated in the event programme.

Team Managers are responsible for ensuring their riders are at the presentation area at least 10mins prior to the presentation taking place. Medal winners must make themselves known to medal ceremony officials upon arrival. Due to the tight scheduling of the event programme a medal ceremony protocol has been established to keep these presentations streamlined.

1. Riders will be lead to the podium by officials and the riders will stand in front of the podium (not on podium).
2. Each rider will be acknowledged by name and representing club.
3. Riders receive their medal (and Trophy if applicable)
4. Rider step onto podium.
5. Once the 1<sup>st</sup> place has been presented a photo will be taken.
6. Riders leave the podium and return to the waiting area lead by officials.
7. Riders are required to leave their medal on until they return to the waiting area.
8. **All trophies presented are to be returned to Event Organisers before the end of the session.**

## 19. HEALTH AND SAFETY

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The event has a Health and Safety plan which has taken into consideration the health and safety of the riders, team officials, volunteers, spectators and staff. Health and Safety is the responsibility of all those attending. If you have any concerns or identify any hazards please contact the Events Manager.

## 20. RULES AND REGULATIONS

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Racing will be conducted under [UCI regulations](#) and [Cycling New Zealand Road, Track & Cyclocross racing rules](#). The UCI scale of penalties will apply. Any fines issued will be invoiced to the centre after the event. Riders must wear their approved Club Colours – skinsuit/jerseys and shorts. Shorts may display sponsors that are detailed on the rider's racing licence. Riders may ride in their Centre Colours

if they wish, provided they have clearance from their club to do so. After 2024, Centre Kit will no longer be acceptable to race in after two years grace.

A start may be refused for any incorrectly attired rider.

If you have any queries over this matter, please contact: [events@cnz.kiwi](mailto:events@cnz.kiwi)

## 21. SUPPORTERS

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Thank you to all our Event Supporters!



## 22. CHANGE FORMS

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All Changes must be completed on the Change Request Form, as detailed below, and submitted to the Commissaires Secretary. Additional change forms will be available at the Race Office. Where applicable, a medical certificate should accompany the form.

# Change Request Form

Team:

Date & Time:

| Rider(s)<br>No. | Rider(s) Name | Event Name &<br>No. | Request:<br>Eg. Scratching, addition,<br>reserve, team<br>confirmation etc | Office<br>Use<br>Only |
|-----------------|---------------|---------------------|--|-----------------------|
|                 |               |                     |  |                       |

Team:

Date & Time:

| Rider(s)<br>No. | Rider(s) Name | Event Name &<br>No. | Request:<br>Eg. Scratching, addition,<br>reserve, team<br>confirmation etc | Office<br>Use<br>Only |
|-----------------|---------------|---------------------|--|-----------------------|
|                 |               |                     |  |                       |

Team:

Date & Time:

| Rider(s)<br>No. | Rider(s) Name | Event Name &<br>No. | Request:<br>Eg. Scratching, addition,<br>reserve, team<br>confirmation etc | Office<br>Use<br>Only |
|-----------------|---------------|---------------------|--|-----------------------|
|                 |               |                     |  |                       |